reality
Wellness Group

DOING GOOD

SPEND 2018 FINDING BALANCE IN YOUR LIFE

FEBRUARY
FINANCIAL

MARCH
CAREER/
BUSINESS

APRIL
HEALTH

MAY
FAMILY & FRIENDS

JUNE
ROMANCE

JULY
PERSONAL
GROWTH

AUGUST
FUN &
RECREATION

SEPTEMBER
PHYSICAL
ENVIRONMENT

OCTOBER
SPIRITUAL

NOVEMBER
COMMUNITY

DECEMBER
WE SUPPORT
WORLD AIDS DAY

#NO REASON

Do you really need a reason to invest time and energy into yourself?

You can download the Wheel of Life tool from our website: www.realitywellness.co.za

Reality Wellness Group

0861 115 235 | www.realitywellness.co.za

Epiroc

PASSION | ACCOUNTABILITY | RESPECT | TRUST | INTEGRITY